



WHERE LEADERS ARE MADE

SPEAK UP

July 2017

Changeover Dinner 2016/2017



On Tuesday, 27 June we held our 2016/2017 changeover dinner, where we celebrated the achievements of members during the past year.

Brian Havilah, Derek Steller and Trina Snaidero entertained us with speeches before awards were presented by out-going president Jennifer Del Medico and our special guests, Christine Horrocks, Jane Stevens, Mirella Troman, Lew Troman Katherine Burchmore and Michael Said.

We welcomed the new Executive team for the coming year and said farewell and thank you to the outgoing team.

It was a great night of celebration, filled with laughs, memorable stories and clever story telling.



2016/17 Award Winners

- Table Topics - Mike Smith
- Humorous Speech - Brian Havilah
- Evaluation Speech - Brian Havilah
- "Jim Colvin" International Speech Memorial - Brian Havilah
- Tall Tales - Mike Smith
- The "Barham F Tooth" Parliamentarian Award - Sue Haynes
- Master of the Toast - Brian Havilah
- Hartoonian Spring Award - Mike Smith
- Hartoonian Autumn Award - Sue Haynes
- Most Improved Toastmaster - Aurelien Schibli
- Toastmaster of the Year - Marian Foulcher
- Special President's Awards - Kathy Tasker & Rick Haynes

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Meet the Members

New Club Executive for 2017-2018



George Eynon – President
Jennifer Del Medico -
Immediate Past President
John Paterson - Vice President
Education
Jennifer Del Medico - Vice
President Membership
Jill Brookfield - Vice President
Public Relations
Joe Duffy - Secretary
Kathy Tasker - Sergeant at
Arms
Claudia Blumer – Treasurer

Congratulations and thank you to the outgoing Executive who steered the Club toward winning its 13th President's Distinguished Club Program award:

Jennifer Del Medico –
President
Mike Smith – Immediate Past
President
George Eynon - Vice President
Education
Rick Haynes & Jacqui Boland -
Vice Presidents
Membership
Elmira Taranto - Vice President
Public Relations
Kathy Tasker - Secretary
Marian Wulf - Sergeant at Arms
Anna Rubalsky - Treasurer

Club President: George Eynon



Q. Describe your new role at Miranda Toastmasters Club

I see it's my role to oversee the Club and its members and watch how the Club and Toastmasters are going. The President provides guidance and leadership to the Executive team and helps wherever needed to make sure all activities are covered and everyone is supported.

Q. How do you think you can add value to the role and the Club?

By interacting with all members, getting to know them personally, find out where they're heading, why they come Toastmasters and what their needs are.

I think it's the President's role to demonstrate the club values and show Integrity Respect Service and Excellence.

It's also my job to ensure the club reaches its Distinguished Club President's Award for the 19th time*.

Q. How long have you been a Toastmaster?

8 years – I joined in November 2010

Q. Why did you join Toastmasters?

I worked alone and I wanted to get myself in front of people. I did the Speechcraft course, which led to me joining Toastmasters and that led to me singing in aged care facilities, entertaining residents.

"Breathe. It's good to have nerves, but to control your breathing overcomes everything else. Don't worry about mistakes."

Q. What do you hope to achieve through Toastmasters?

My ultimate goal is achieve DTM.

Q. What are your personal goals for the next 12 months?

After completing my role as President of the Miranda Club, I hope to become an Area Director.

Q. What's your favourite meeting assignment?

Table Topics Master

Q. What do you like most about Miranda Toastmasters' meetings?

Table Topics – they are a challenge. One day I'd love to win a prize for table topics.

Q. What tips to overcome the fear of public speaking can you give to newcomers?

Breathe. It's good to have nerves, but to control your breathing overcomes everything else. Don't worry about mistakes. Calm yourself before speaking. That is the best way to build confidence.

Q. When you are preparing the speech, what is the most difficult part for you?

All of it! I draw a circle and write a subject in the circle and then I write points around that circle and I build the content that way.

*Miranda Toastmasters has achieved President's Distinguished Club status 18 times since the Award's inception in 1998. Sixteen times we attained 10 out of 10 goals and twice attained 9 out of 10 goals. The Club was awarded Distinguished Club status once, attaining five out of 10 goals, in 2003/2004.

Q. Who among the Club members inspires you and why?

Mike Smith inspires me. Mike was my Speechcraft coordinator and he became my mentor on graduation night. He inspires me in my writing, presenting and I admire his 'can do' ability.

Q. How has Toastmasters changed your life?

I'm more outgoing now. I have a lot of confidence when it comes to speaking.

It also led me to working in Aged care, giving me the ability to communicate with the residents. I spend a lot of time with them, listening to their stories. I've become a better listener through Toastmasters.

Q. What is the best feedback you have ever received at Toastmasters?

Every point for improvement is good feedback. It makes you a better speaker.

Q. What inspires you? How do you like to spend your free time?

People inspire me. I like to read about people and what they've achieved and how they live their lives. I keep active in my free time. Spending time with my family. My best friends are my family.

"Every point for improvement is good feedback. It makes you a better speaker"

John Paterson Vice President Education



Q. Describe your new role at Miranda Toastmasters Club

The role of VPE is to organise the meeting program to meet the objectives of each member in moving through their Communications and Leadership programs developed by Toastmasters.

Q. How do you think you can add value to the role and the Club?

By encouraging every member to actively use Easy Speak to confirm their attendance in a timely manner and willingness to undertake one of the 26 roles required to run each meeting.

Q. How long have you been a Toastmaster?

38 years, I joined in February 1979.

Q. Why did you join Toastmasters?

I was in a technical management role and needed to develop skills in off-the-cuff speaking, ie, Table Topics

Q. What do you hope to achieve through Toastmasters?

For a long period I was happy just with the fellowship of Miranda Toastmasters but on retirement have found more time to progress through the Toastmasters programs to complete Advanced Communicator Gold and working towards Advanced Leadership Silver.

Q. What are your personal goals for the next 12 months?

I want to have all members using Easy Speak and comfortable with managing their progress online as this is where TMI is taking all of us with Pathways Program which will be introduced over the next 2 years

Q. What do you like most about Miranda Toastmasters' meetings?

I like the opportunity to practice speaking and leadership skills in a non threatening environment. I believe there is a positive fellowship which runs through our meetings which encourages all members

Q. When you are preparing the speech, what is the most difficult part for you?

I find it easy to write a speech but after writing you have to convert these written ideas into words to deliver a speech. I have realised that there are many levels of competence in public speaking. The really gifted speakers like Greg Kennedy and Mike Smith get there by rehearsing their presentations over and over to get them polished to the level that comes across as natural and easy when they present.

"I like the opportunity to practice speaking and leadership skills in a non threatening environment."

We'll introduce more members in each issue of the newsletter

Meetings

11 July 2017

This was the first meeting in the new Toastmasters year. President George is excited about the coming year and encourages.

Sebastian Sabater presented an update on the new Toastmasters Pathways program that will be introduced in coming months.

Speakers

1. Alexander Clatworthy - *Help or hindrance*
Evaluator: Derek Steller
2. Claudia Blumer - *The Ocean Metaphor*
Evaluator: Rick Haynes
3. Sue Haynes - *Recognition*
Evaluator: Mike Smith



The winners

Alex - Best Speaker & Best Table Topic; Aurelien - Best Supporting Assignment; Derek - Best Evaluator; and Ursula - Best Assignment

25 July 2017

Humorous Speech & Table Topics Contests

This was an hilarious night filled with laughter as our talented Toastmasters kept us in stitches with their humorous speeches.

The extended Table Topics, where contestants spoke for two minutes were incredible. Sixty seconds table topics is a skill, but 120 seconds is an artform.

The winners

Humorous Speech



1. Mike Smith
2. Aurelien Schibli
3. Kathy Tasker

Table Topics



1. Mike Smith
2. Jennifer Del Medico
3. Aurelien Schibli

The winner of these contests will represent our club at the Area Contest on Tuesday, 29 August. Miranda Toastmasters will host the contest, which will be held at Club on East, Sutherland, starting at 7.30pm.

Using visual aids & props

Visual aids and props can be a great way of enhancing a speech. However, it is important to remember that visual aids and props are there to support you as the speaker and should never be the centre of attention. You are the presentation and your speech should be able to stand alone, even without visual aids or props.

Here are some tips for how to use visual aids and props effectively.

PowerPoint can be a powerful tool, but it can easily take centre stage and dwarf the speaker. Be careful to not let this happen. Don't overcrowd the screen with lots of texts or bullet points. Never read from the screen. Avoid whiz-bang tricks such as fading or swishing text. Use the entire screen and remember, you are the focus of the speech.

Diagrams, graphs and charts can communicate a lot of 'dry' information. Get creative, use colour, include the most important, relevant elements and leave out any data that does not add value.

If you must provide handouts distribute them to an audience after a presentation to avoid distraction. Or better yet, email the material after the speech to save paper.

Check any physical objects and props before your speech to ensure they work properly. Practice using the props before the final delivery so you look comfortable using them. You don't want to be upstaged by your props malfunctioning.

"You are the presentation and your speech should be able to stand alone, even without visual aids or props."

Speechcraft

On Wednesday, 26 July another exceptional group of people graduated Miranda Toastmasters' 70th Speechcraft course.

It was a tremendous night where the Speechcrafters impressed their families, and the Toastmasters present, with the public speaking skills they'd learned and practiced during the course. You couldn't wipe the smiles from their faces.

Congratulations to Angela, Ben, Glecy, Greig, Leanne and Shehan on successfully completing the course. They were an impressive bunch, each stepping up, and often out of their comfort zones, to take on any role asked of them.

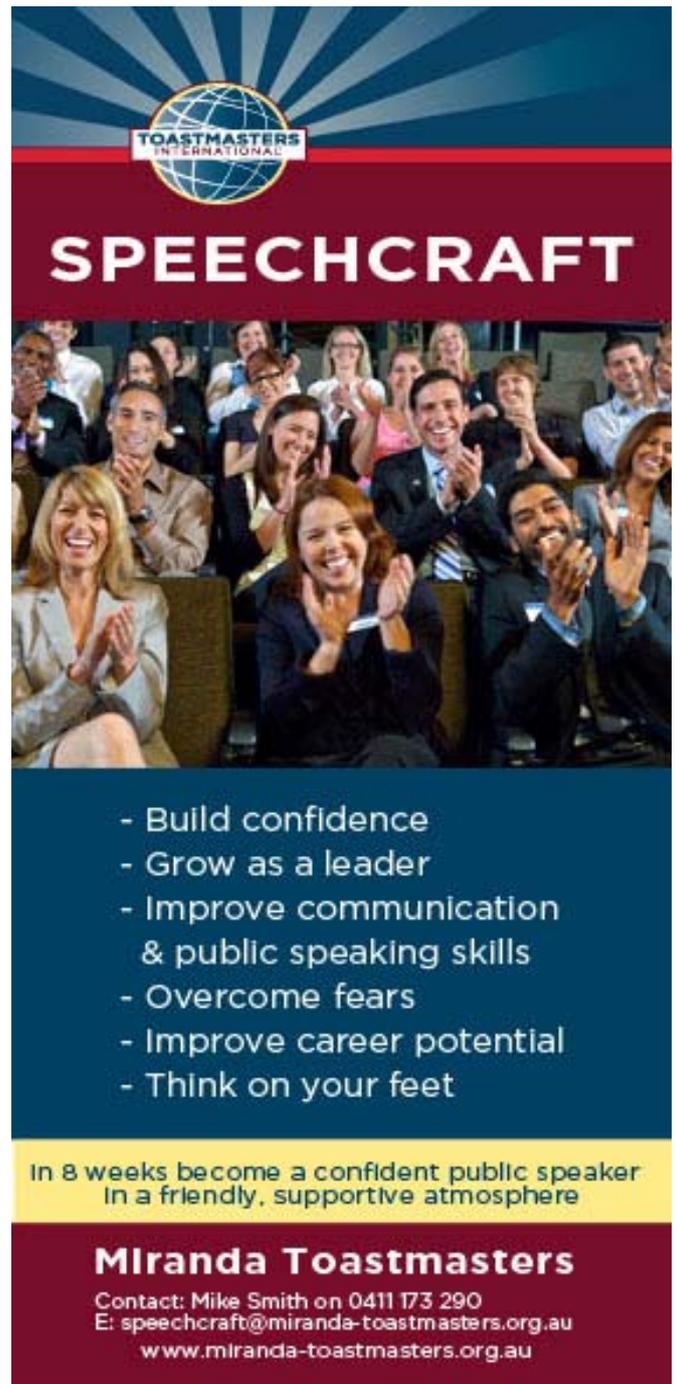
Eight speeches in eight weeks, in addition to giving toasts, introducing speakers, impromptu speaking and giving evaluations – it was intense but the results and rewards were incredible.



Speechcraft graduates: Shehan, Leanne, Angela, Ben, Greig and Glecy with Toastmasters Jill (Course Coordinator), George and Sue



Some of the Toastmasters who had helped during the course. Speechcraft wouldn't work without the assistance of Club members.



TOASTMASTERS INTERNATIONAL

SPEECHCRAFT

- Build confidence
- Grow as a leader
- Improve communication & public speaking skills
- Overcome fears
- Improve career potential
- Think on your feet

In 8 weeks become a confident public speaker in a friendly, supportive atmosphere

Miranda Toastmasters
 Contact: Mike Smith on 0411 173 290
 E: speechcraft@miranda-toastmasters.org.au
www.miranda-toastmasters.org.au

A huge thank you to all the Toastmasters who assisted during the Speechcraft course. Speechcraft is a group effort and it wouldn't happen without the support of Club members.



What's on

August

- 8 August Educational meeting at Sutherland
- 22 August Educational meeting at Sutherland
- 29 August Humorous Speech and Table Topics Area contests, hosted by Miranda Toastmasters at Club on East, 7 East Parade, Sutherland

September

- 5 September Meeting at Sutherland
- 19 September Meeting at Sutherland

Visit: www.miranda-toastmasters.org.au/whats-on/

Next Speechcraft Course

Next 8 week public speaking course starts Wednesday, 4 October.

To register contact:

Contact Mike Smith

M: 0411 173 290

E: <mailto:speechcraft@miranda-toastmasters.org.au>

To register: [Download Rego form](#)

CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.



Can't attend the convention? Watch it On Demand!
[Click here](#) to buy a virtual ticket or for more information



Area 23 Contest - Humorous Speech & Table Topics

SAVE THE DATE

Hosted by
Miranda Toastmasters Club
Tuesday, 29 August 2017
7:00pm briefing for 7:30 start
Club on East, 1st Floor,
7 East Parade, Sutherland



For more information contact
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www.miranda-toastmasters.org.au

Find us

Web: www.miranda-toastmasters.org.au/

Facebook: Search for Miranda Toastmasters Club
www.facebook.com/Miranda-Toastmasters-Club-113871933658

Calendar: www.miranda-toastmasters.org.au/whats-on

Newsletter contact: Jill Brookfield
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SPEAK UP

MIRANDA TOASTMASTERS
Club 3554 - Area 23 - District 70 - Region 12
Our meetings are held every second Tuesday
- refer to calendar for meeting dates
7:00pm-10:00pm
at Club on East 7 East Parade, Sutherland

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