



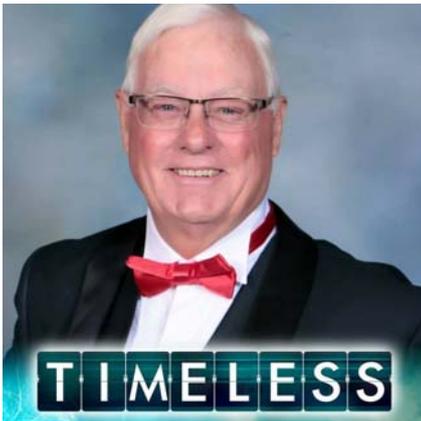
WHERE LEADERS
ARE MADE

SPEAK UP

www.miranda-toastmasters.org.au

August 2017

Vale Rick Haynes, DTM



On Tuesday, 22 August 2017 we lost our treasured friend, Rick Haynes, DTM, when he lost his six-year stoic battle with cancer.

Distinguished Toastmaster Rick Haynes was one of Miranda Toastmasters' most respected and long-standing members. He had been a member of the Club for 20 years and most would agree that the strength of our Club is a result of his efforts above and beyond the call of duty.

Rick was a special man, great friend, tremendous role model and mentor. His support and enthusiasm was a great gift to those who knew him. He made an enormous impression on us all. He inspired us to do our best. He was incredibly generous in sharing his experience and knowledge and gave freely of his time. He was particularly patient with Speechcraft students and new members. Rick led by example and we can only hope to emulate him.

While most of us knew him as an experienced and long-term Toastmaster, there was much more to Rick.

10 things you may not have known about Rick

1. Rick grew up on a chicken farm in Kirrawee and while he was a boarder at Cranbrook, he came home to the farm every weekend to play with his beloved dog.
2. Rick was an only child.
3. Rick's first job was as an architectural draftsman
4. Rick was a pilot. He loved planes and loved to fly, studying to become a flight instructor which was his greatest achievement and he wished he had done it 20 years earlier.
5. Rick loved to travel. He visited the USA for the first time in 2002 and he loved finding his family home in Workington in the North of England, when he visited Europe for the first time in 2013.
6. Rick and Sue were married for 27 years. They met in the back lane at Strathfield, six years prior to getting married '1500 Feet above Bennelong Point', while Rick was

flying his plane. They honeymooned for one night in Port Macquarie and lived in Strathfield, moving to Cronulla in 1991. Together, Rick and Sue were a dynamic duo that shared a great passion for life and had many adventures.

7. Rick loved to cook and entertain his large circle of friends.

8. Rick represented our Club at many Area, District, Regional and International events. He attended the Toastmasters International Convention six times

9. Rick was a prolific story teller from fishing to flying and all things in between.

10. Rick wasn't content with being a member of just one Toastmasters club – he was a member of six clubs: Miranda, joining in 1997, Gourmet, Menai, StageTime, Western Gourmet and Just4Larfs (2016)

Sue, our thoughts are with you.

Rick Haynes, you will be missed.



Rick Haynes, DTM, receiving the President's Award 2017

Celebrate the wonderful life of Rick Haynes on Friday 6 October 2017. For details and to RSVP, go to www.rickhaynes.com.au

See page 2 for highlights of Rick's achievements as a Toastmasters' member

Rick Haynes DTM's achievements

Here are some fast facts on Rick's achievements as a Toastmaster

Joined Toastmasters

December 1997 - Miranda Toastmasters.

Club officer roles

Rick held Club Officer roles at numerous times, both for Miranda and other clubs. Was a member of six clubs in two Districts D70 & D90 : Miranda, Menai, Gourmet, Stage Time, Just4Larfs and Western Gourmet

District Officer roles

1998-1999, District 70 news Editor

1999-2000, District Photographer

2001-2002, District Speechcraft Liaison Officer

2001-2002, Area 42 Governor, achieved Select Distinguished Area.

2004-2005, 2005-2006 & 2006-2007, District Publications Officer

2006-2007, Southern Division Governor, achieved Select Distinguished Division.

2006-2007, Club Coach Menai Toastmasters

2007-2008, District Speechcraft Liaison Officer

2009-2010, Southern Division Governor, achieved President Distinguished Division

2010-2011, HPL Advisor and Promotions Officer

2011-2012, HPL Advisor and New Clubs Support Officer

New Clubs

- Club Coach, Menai
- Club Mentor, Bundeena and Maianbar
- Club Mentor, Holding Redlich
- Club Sponsor, Orica
- Club Sponsor, Thales Sydney
- Club Sponsor, Sutherland Shire Council
- Instigated formation of Shoalhaven City

Club Officer Training

Presenter: for many years at both first and second sessions each year.

District Conferences

Attended all district conferences since joining Toastmasters.

Presented educational sessions at three district conferences.

International Conventions

2002, attended at San Antonio Texas

2004, attended at Reno Nevada and co-presented an educational session on HPL

2006, attended at Washington DC

2013 attended at Cincinnati Ohio

2013 attended at Las Vegas Nevada

2016 attended at Washington DC

Other achievements

- 2015 Received District 70 Jazzer Smith award jointly with Elizabeth Wilson
- 2015 was in the District 70 International Speech Contest Final
- Involved organising and/or conducting the Miranda Speechcraft Courses for the last 15 years resulting in more than 600 students graduating in 70 Courses.
- 2016-2017 District 70 Toastmaster of the Year

Other Clubs he has been a member of in the past

- Leaders By Design D69
- Bundeena & Maianbar
- Leaders in Focus
- Sydney Travel
- Focus Toastmasters



Rick & Sue Haynes in 2016

Meet the Members

Club Secretary: Joseph Duffey



Q. Describe your new role at Miranda Toastmasters Club

I'll be responsible for minuting each meeting and sending these out to all members. I'll also be keeping track of Toastmaster's points, which are accumulated by members over the year and help working out Toastmaster of the Year.

2. How do you think you can add value to the role and the Club?

I'm very organised, computer savvy, enthusiastic and keen to help out with the Club, as it's helped me so much.

3. How long have you been a Toastmaster?

Two years. After completing Speechcraft in March 2015, I went to a Toastmasters meeting the following week and remember feeling completely freaked out!! After completing the first hurdle of Speechcraft, I found Toastmasters quite intimidating, as there were so many great speakers, whereas in Speechcraft you were all at a similar level. So I went to Toastmasters sporadically for a year, as it was easier to not go, than to go! But in

the last 12 months I made a personal promise to go come rain, snow or shine!

4. Why did you join Toastmasters?

I had a real fear of public speaking for about 15 years and started noticing that it had become a dark cloud following me around and causing me a lot of anxiety - both at work and also in social situations. It got to such a stage that it was overtaking my daily life and draining me and I thought, "I can't live like this anymore". So I did the Speechcraft course, which was such a massive feat, but felt amazing afterwards and then remembering the old adage, "Use it or lose it", I joined TM soon after.

"I now know that I can stand up in front of a group of 20 people and talk."

5. What do you hope to achieve through Toastmasters?

I just want to continue to develop my public speaking skills and by doing so feel more confident speaking in front of people and also to become a more natural speaker.

6. What are your personal goals for the next 12 months?

To continue to attend TM on a regular basis and be involved at each meeting. I'd quite like to complete one of the manuals as well.

15. What other hobbies do you enjoy?

My big passion is football (or soccer!). I love playing, watching and now, with the help of Toastmasters, coaching. I'm from Liverpool, England and I'm a big Liverpool fan and the first thing I do in the morning is check the LFC news. I also play 5 a side with a group of friends every Thursday. And this year I became the coach of my son's team, Lilli Pilli Under 7As.

Prior to doing Toastmasters I wouldn't have done that, as you are required to speak in front of all the parents and coach all the kids, but I felt confident enough to do it and it's gone really well!

Q. How has Toastmasters changed your life?

I feel a lot more confident at public speaking and no longer worry about it on a day to day basis. I still get really nervous, which is something that I need to work on, but I now know that I can stand up in front of a group of 20 people and talk. I also feel a lot more confident socially and feel confident to create small talk with all walks of life in all different scenarios. I know I've got a long way to go - but I've started and more importantly, I'm committed for the long haul!

"... in the last 12 months I made a personal promise to go to Toastmasters come rain, snow or shine!"

Meet the Members

VP Public Relations: Jill Brookfield



Q. Describe your new role at Miranda Toastmasters Club

The role of VPPR is about communication and letting people know about Miranda Toastmasters and the benefits of membership. It's also communicating with members via social media, newsletters and helping the webmaster with the Club website.

Q. How do you think you can add value to the role and the Club?

I have a marketing communications background and I work in a membership organisation, so I understand the importance of the distribution of information and keeping everyone informed.

Q. How long have you been a Toastmaster?

16 months. I joined in April 2016

Q. Why did you join Toastmasters?

I found Toastmasters through the Speechcraft course. At work I host numerous events, including a major annual conference, and I always let others give the introductions and act as the emcee. But I thought it was time I took control and performed these duties myself. The Speechcraft course was incredible and once it was over I wanted to continue to build upon what I learned during the course.

Q. What do you hope to achieve through Toastmasters?

I'd love to get to the point that I can give a speech without notes, speak off-the-cuff and still make sense, and continue to build leadership skills.

Q. What are your personal goals for the next 12 months?

To finish the Competent Communication and Competent Leadership and then I'm open to suggestions.

"Step out of your comfort zone and participate because that's the way you improve"

Q. What tips to overcome the fear of public speaking can you give to newcomers?

I still think of myself as a newcomer, but I remember someone saying to step up and grab an opportunity as it arises. Step out of your comfort zone and participate because that's the way you improve. And that's now what I find I do every day because, to paraphrase Henry Ford, if you think you can or you think you can't - you're right.

".. if you think you can or you think you can't - you're right.."

Q. Do you need public speaking skills for your daily job?

Yes, and even more so since joining Toastmasters. I've always needed impromptu speaking skills for meetings I attended and for working with a Board of Directors. Since joining Toastmasters I've been invited to speak at a few industry events. I could never have seen myself speaking in front of a few hundred people before Speechcraft and Toastmasters.

Evolution of the Toastmasters International logo

Branding is the identity of any organisation. The Toastmasters International brand includes its logo, fonts and colour palette, and these elements help create consistency and brand recall. The Toastmasters International brand had a major update in 2011. You can see below how the logo has changed and evolved over the history of Toastmasters.



Logo image source: www.d70toastmasters.org.au/fun-facts/

Meetings

8 August 2017

George Eynon gave a passionate educational on Mentoring. He told the meeting why its important and told of his experience being mentored and being a mentor. He encouraged all members to get involved and become a mentor.

Speakers

1. Derek Stellar
Title: Labyrinth
Evaluator – Paul Sorensen
2. Marian Foulcher
Title: Little Red Riding Hood
Evaluator – Sue Haynes
3. Shehan De Silva
Title: The Worst Job I Ever Had
Evaluator – George Eynon
4. Ivy Lian
Title: New Tax Laws for Property Investors
Evaluator – Jennifer Del Medico

The winners



LtoR: Jenny, Rosi, Joe, Derek, George

Best Speaker – Derek Stellar

Best Evaluator – Jenny Del Medico
(Table Topics Evaluator)

Best Assignment – Joe Duffey
(Master Evaluator)

Best Supporting Assignment –
George Eynon (Educational)

Best Table Topics – Rosi Christi
(Guest)

22 August 2017

It was a bit of a mixed night. With the sad news of Rick Hayne's passing earlier in the day, there was a sombre start to the meeting. Richard Mason gave an emotional and heartfelt toast to Rick.

We welcomed a special guest speaker, Mara, who delivered her winning speech #BantheBag. Mara was representing Speaking 4 the Planet, which is a public speaking and drama competition run in secondary schools to recognise and celebrate World Environment Day. Mara is an incredibly confident and competent speaker and she even won the prize for the best table topics answer.

Speakers

1. Mike B Smith
Title: Evaluate to Motivate
Evaluator: Brian Havilah
2. George Eynon
Title: Club Values
Evaluator: Alicia Curtis
3. Claudia Blumer
Title: Back to basics - Breathe & Sleep
Evaluator: Kathy Tasker
4. Greig Allan
Title: My Old Friend
Evaluator: Derek Steller

The winners



LtoR: Mike, Jill, Joe, Alicia, Mara

Best Speaker Award - Mike B Smith

Best Evaluator Award - Alicia Curtis

Best Assignment - Jill Brookfield
(Master Evaluator)

Best Supporting Assignment -
Joseph Duffey (Grammarian, Timer
or Um & Ah Counter)

Best Table Topics – Mara (Guest)

Membership fees now due

Payment of six-monthly membership fees is now due

Fee: \$72.00

Due: Before 22 September 2017*

Pay: Cash at a Club meeting or EFT to:

Miranda Toastmasters Club BSB: 062 150 A/C: 0090 4549
(Include your name in the transaction)

*Note, the Club must pay membership fees before 1 October to ensure we achieve DCP

Other news

Mike on his way to Southern Division Contests



(LtoR): Christine Horrocks ACS ALB Southern Division Director; Mike Smith ACS, ALB; Jane Stevens ACG ALB

Congratulations to Mike Smith, who won both of the Area 23 contests: Table Topics and Humorous Speech held on Tuesday, 29 August 2017.

It was a great night with Toastmasters from Miranda, Engadine and Menai clubs on hand to cheer on their contestants.

Mike will now represent Area 23 at the Southern Division Humorous Speech & Table Topics Contests that will be held on Saturday, 16 September 2017 at the Woronora RSL Club at 1.30pm (See blue box for details).

We'd love for Miranda members to attend the Southern Division contest to support Mike.

Miranda Toastmasters had the honour of hosting the event.

Southern Division Humorous Speech & Table Topics Contests Saturday, 16 September 2017

1.30pm start (12.45pm briefing)
Woronora RSL Club
118 Prince Edward Park Road,
Woronora

RSVP: 8 September 2017

Contact:

Eileen 0410 545 377 email:
eileen@revive.com.au

Christine 0438 614 087 or
Christine.anne7@bigpond.com

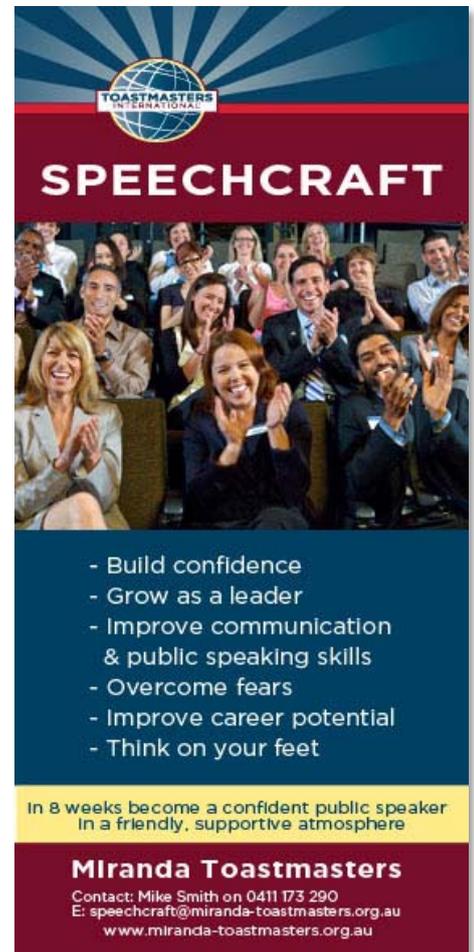
Cost: \$20 – includes contests & light refreshments

Payment: EFT to Menai District
Toastmasters

BSB: 062-016 A/C #: 00906615
(Remember to include your name)



Miranda Toastmasters' cheer squad



SPEECHCRAFT

- Build confidence
- Grow as a leader
- Improve communication & public speaking skills
- Overcome fears
- Improve career potential
- Think on your feet

In 8 weeks become a confident public speaker
in a friendly, supportive atmosphere

Miranda Toastmasters
Contact: Mike Smith on 0411 173 290
E: speechcraft@miranda-toastmasters.org.au
www.miranda-toastmasters.org.au

Next Speechcraft course

The next 8-week Speechcraft course starts on Wednesday, 4 October 2017.

To register, visit www.miranda-toastmasters.org.au/speechcraft/

Education

Mentoring

Georgy Eynon recently delivered an educational presentation on Mentoring. He spoke about the importance of mentoring for both the mentor and mentee and he encouraged all members to get involved in mentoring.

Toastmasters International has identified the important and essential characteristics mentors need to possess if they are to be effective, saying a good mentor is:

Available. You must have time to spend with a member. New members may require additional time.

Patient. People learn at varying speeds, and some need more guidance than others.

Sensitive. Tact and diplomacy are vital. As a mentor, always be careful to say and do things that will motivate and encourage the mentee.

Respectful. A mentor respects the differences between himself, the mentee, and others.

Flexible. Not everything happens according to plan. You must adapt to various situations and accept that mentees may make decisions you do not agree with.

Supportive. Show your pride in your club and what it has done – and can do – for members.

Knowledgeable. Before you can help someone else, you must be familiar with the club, its operations, the educational program, and even the Toastmasters International organization itself.

Confident. You need to be self-assured and friendly.

A good listener. A mentor must listen carefully.

Concern for others. You must genuinely care about other people and truly want to help them.

Source: Mentoring - The Successful Club Series Manual (Item 296A)

Distinguished Club Program Progress

The Distinguished Club Program (DCP) includes 10 goals that Miranda Toastmasters Club strives to achieve each year. It is an annual program that runs from 1 July to 30 June.

If the annual goals are met, the Club may be recognised as a Distinguished, Select Distinguished or President's Distinguished Club.

Miranda Toastmasters has been recognised as a President's Distinguished Club for the past 13 years, since July 2004. And prior to that, the Club was recognised as a Distinguished club for 2003-2004.

- Achieve any 5 of 10 goals = Distinguished Club
- Achieve any 7 of 10 goals = Select Distinguished Club
- Achieve any 9 of 10 goals = President's Distinguished Club

Our DCP
Progress
Goals met
3/10

Goal to achieve: 1 July 2017 to 30 June 2018	Goal	Actual	Achieved
1. Two Competent Communicator (CC) awards	2	2	✓
2. Two more CC awards	2		
3. One ACB, ACS or ACG award	1	1	✓
4. One more ACB, ACS or ACG award	1		
5. One Competent Leader CL, ALB, ALS or DTM award	1	1	✓
6. One more CL, ALB ALS or DTM award	1		
7. Four new members	4	3	
8. Four more new members	4		
9. Club officers trained (both required)			
a) June - August	4	4	
b) December - February	4		
10. Submit on-time			
a) Payment of membership (April or October)	1		
b) Club officer list	1	1	



What's on

September

- 5 September Meeting at Sutherland
- 16 September Southern Division Humorous Speech and Table Topics Contests
- 19 September Meeting at Sutherland

October

- 3 October Hartoonian Spring Award
- 6 October Celebration of Life of Rick Haynes
- 17 October Meeting at Sutherland
- 31 October Meeting at Sutherland

Visit: www.miranda-toastmasters.org.au/whats-on/

Next Speechcraft Course

Next 8 week public speaking course starts Wednesday, 4 October.

To register contact:

Contact Mike Smith

M: 0411 173 290

E: <mailto:speechcraft@miranda-toastmasters.org.au>

To register: [Download Rego form](#)

CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Hartoonian Spring Award

Tuesday 3 October 2017
6.45pm for 7.00pm start

What is the Hartoonian Spring Award?

The Hartoonian Autumn Award is named in honour of former long standing Miranda Toastmasters' member, Garo Hartoonian.

Garo was a member of our club for 20 years. He was a very generous and friendly person who was a stickler for procedure. He also thought it was important for members to give speeches from the TM Manuals to assist their progression through the Communication Pathway. Sadly, the club lost Garo to cancer in 2005.

Garo's great contribution to our club is remembered through the annual Hartoonian Autumn Award and Hartoonian Spring Award. These events are a 10 speech night, giving members an opportunity to deliver a manual speech. Be sure to nominate for a speaking spot to progress through your manual.

To register as one of the 10 speakers - contact John Paterson
E: patcon4@me.com

Miranda Toastmasters
Where: Club East, 7 East Parade Sutherland
RSVP: inquiries@miranda-toastmasters.org.au
Call: 0411 929 481
W: www.miranda-toastmasters.org.au

Find us

Web: www.miranda-toastmasters.org.au/

Facebook: Search for Miranda Toastmasters Club
www.facebook.com/Miranda-Toastmasters-Club-113871933658

Calendar: www.miranda-toastmasters.org.au/whats-on

Newsletter contact: Jill Brookfield
pr.officer@miranda-toastmasters.org.au
T: 0431 082 259

SPEAK UP

MIRANDA TOASTMASTERS
Club 3554 - Area 23 - District 70 - Region 12
Our meetings are held every second Tuesday
- refer to calendar for meeting dates
7:00pm-10:00pm
at Club on East 7 East Parade, Sutherland

Newsletter of Miranda Toastmasters
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