



WHERE LEADERS
ARE MADE

SPEAK UP

The value of CASH

Time - Some people seem to have more of it than others. How is this so?

By Aurelien Schibli CC

It's human nature that people will always find the time, energy and the will to do the things they want to do.

The last time I checked my watch I had the same number of hours as others. So how can one person find time, and another person cannot?

It's about what we value.

When we are excited about a topic, we talk about it and want others to share our excitement. For example, I'm excited about Toastmasters and that's why I talk about it with friends and family.

But what do you do when people ask the question, "What is Toastmasters? What's in it for me?"

What do you tell them?

Do you say, "It's a three-hour fortnightly meeting of a public speaking club in a green/yellow room?"

Is that an accurate description? No, because it's so much more than that.

Although I would urge everyone to learn the Toastmasters' Mission Statement by heart, to internalise what we are all about, it can help to have your 'own' elevator pitch. Whatever organisation you work or volunteer for, I believe you should be able to easily articulate what they are all about.

So, what do I tell people?

In terms of 'people-values' (what we can bring for visitors and members), I use the value-driven acronym, **CASH**.

C is for **Community**. We are people gathering around the same goal to grow our communication and leadership. We don't do this on our own, but collectively.

A is for **Audience**. To do so we need an audience, people who are willing to listen and be lead. Where else would you have a group of friendly people creating a stage (I like to refer to it as a 'playground') for you to speak on?

S is for **Support**. Support is a major value of Toastmasters. We do this through mentorship, constructive evaluations and assisting people to become better communicators. It is pushing the confident to greater heights and pulling the shy into their first fight. As Toastmasters, we are supportive.

H is for **Help**. Some people need more help than others and one perfect avenue is Speechcraft, the eight-week intensive public speaking workshop.

It's always just the beginning, the beginning of the next step. We help people to find their next step.



The **Community** is to feel at home, the **Audience** is to have a stage, the **Support** is to keep them going and the **Help** is to get them started.

This is true **CASH** for the people that I invite to Toastmasters.

This acronym helps me remember what I value about Toastmasters.

Ask yourself why should someone visit your club?

How would you pitch your organisation?

*"Time is a created thing.
To say, 'I don't have
time,' is like saying, 'I
don't want to.'"*

... Lao Tzu

About the author: Aurelien Schibli joined Toastmasters in April 2016. He's passionate about many things, especially Toastmasters and not wasting time.

Meet the members

Mike Smith



Q. How long have you been a Toastmaster?

About nine years.

Q. Why did you join Toastmasters?

At the time I was interested in starting a speaking/consulting business. One of the books about public speaking I read said, 'If you want to become good at public speaking, join Toastmasters'. Simple as that.

As it happened, I broke my shoulder doing Aikido, which gave me six weeks of free Tuesday nights while I recovered. I rang and spoke with Rick Haynes, who was very encouraging, so I decided to come along for three meetings to see what I could learn.

Q. What do you hope to achieve through Toastmasters?

I'm pretty happy with my achievements to date and don't really have any major ambitions with Toastmasters. I do consider Toastmasters as a way I can contribute to my community, and I hope to continue helping people find their confident voice through Speechcraft.

Q. What are your personal goals for the next 12 months?

It looks like I'll be VPE of my other club, Just4Larfs. this year, which is a new club dedicated to humour. I really believe that humour is a skill that can be learned, and so through that role I want to help the members of that club become (even) funnier!

Q. Do you remember your ice-breaker speech? If you wrote it now, what would be different?

My ice-breaker was about my first attempt at snowboarding. Its basic structure was ok, but it rambled too much. If I did it again I'd make it shorter and funnier. Hmmm, maybe that will be next year's humorous speech.

Q. What tips do you have for new Toastmasters members?

Get a mentor and get involved in the club. Don't think that just because you're new you can't do something. The more you contribute, the faster you'll build your skills and confidence.

"Get a mentor and get involved in the club. Don't think that just because you're new you can't do something."

"I don't have free time. Time is the most valuable/precious thing I have."

Q. How long does it take you to write a speech? Where do you find the ideas for them?

Once you open your eyes to them, you'll see speech ideas everywhere. My two most successful speeches have been: 1) based on something I read in a book (*Make 100 mistakes a day*); and 2) something that someone once told me (a marathon is just one step after the other 'til you get to the end).

A speech is never really finished, but in the early years I wouldn't compete with a speech unless I'd finished it a week before the contest. I'd allow minor adjustments until the Saturday night before the contest, then after that no more changes before Tuesday - but I'd try to practice it out loud about 30 times over the weekend. I was usually competing against people like Greg Kennedy, Mark Kyte, Mauricio Tapia and Oksana Valentine, and preparation was my secret weapon ;)

Q. What inspires you? How do you like to spend your free time?

I don't have free time. Time is the most valuable/precious thing I have.

Meetings

3 April 2018

Meeting #1257

With everyone's bellies still full of chocolate Easter eggs, we welcomed Andrew Hausfeld as the newest member.

Ngaire and Andrew delivered their Ice Breaker speeches and we look forward watching their speech making progress.

Speakers

1. Eric Redmond
Title: Coaching
Evaluator: Trina Snaidero
2. Ngaire Ranginui
Title: Pathways Ice Breaker
Evaluator: George Eynon
3. Andrew Hausfeld
Title: All about Andy
Evaluator: Anna Rubalsky
4. Aurelien Schibli
Title: Wet cat
Evaluator: Rowley Hilder

The winners

- Best Speaker Award: Ngaire Ranginui
- Best Evaluator Award: Rowley Hilder
- Best Assignment: Jennifer Del Medico
- Best Supporting Assignment: George Eynon
- Best Table Topic: Ngaire Ranginui

17 April 2018

Meeting #1258

Five members competed in this year's Hartoonian Autumn Award, delivering five entertaining speeches.

Area 23 Director Jane Stevens paid us a visit, taking on the role of Competition Chief Judge. Jane presented Aurelien Schibli and Mike Smith their trophies for winning the Areas 23 International Speech and Evaluation contests.

We also welcomed five guests, with one of the guests taking the prize for the Best Table Topic.

Speakers

1. Derek Steller
Title: Hitching a ride in Ireland
2. Elena Shulyak
Title: Set the limit
3. Aurelien Schibli
Title: 3 of mine
4. Trina Snaidero
Title: Two Brothers
5. George Eynon
Title: Home

The winners



LtoR: Jane Stevens, Derek, George & Aurelien

1st Place: Aurelien Schibli

2nd Place: George Eynon

3rd Place: Derek Steller

Best Table Topic: Sophie Webb

LtoR: Jane Stevens & Mike Smith



LtoR: Sophie Webb & Jane Stevens



LtoR: Jane Stevens & Aurelien Schibli



Parliamentarian contest

Miranda Toastmasters will hold its annual Parliamentarian Contest on 29 May

John Paterson, VPE, explains the contest history and judging criteria.

The Parliamentarian Contest is unique to Miranda Toastmasters. It was initiated to commemorate the passion of Barnum F Tooth, who was President of the Club in 1970. Barry was a stickler for the strict following of Renton's Rules for all Club business meetings.

I joined the club in 1979 and can remember many times when Barry, who was a huge and impressive man, stood to raise 'points of order' and 'move dissent from the Chairman's ruling'. I was a new Toastmaster, just learning the leadership roles offered by Toastmasters and Barry made it an interesting exercise to say the least.

The first winner of the award was Garo Hartoonian, who won the inaugural contest in 1992/93.

This award is now 35 years old and we need our new members to take an active interest in the roles of Chairman and Parliamentarian to keep the tradition alive.

Our Club has reduced the number of meetings where we have a full business session, in favour of presenting more educational presentations. This is in part because the Westminster Rules for running a meeting can be confusing for those visitors and new members who are not familiar with the process of running a meeting using 400-year-old rules.

If anyone watches Question Time when the Federal Parliament is sitting they will rarely be inspired by the way both Government and Opposition perform. They should be consoled by the fact that the Speaker is trying to maintain control by using the same rules that we use to run our meetings.

While the experience gained may not be directly translated into your daily life, I have found the lessons learned have proved valuable when participating in business, strata and executive meetings.

Parliamentarian role

The role of the Parliamentarian is to evaluate the Chairman's performance in conducting a Club meeting.

There are a few key points which a Parliamentarian can use to evaluate a Chairman:

- Did the meeting start on time?
- Did the Chairman adequately prepare?
- Was the Chairman decisive?
- Was the Chairman fair and impartial?
- Were matters handled correctly?
- Try to refer to at least one paragraph in Renton's
- PRAISE/RECOMMEND/PRAISE
- Above all have fun

Judging criteria

Contest judges assess each Parliamentarian Evaluation according to strict criteria. Out of a possible 100 points, judges will measure each Evaluation on four elements: The value of each element is as follows:

40% for Analytical Quality: Clear, focused

30% for Recommendations:

Positive, Specific, Helpful

15% for Technique: Sympathetic, Sensitive, Motivational

15% for Summation: Concise, Encouraging

Timing: The length of the Evaluation is 2 to 3 minutes.

Contestants will be disqualified if the Evaluation is less than 1 minute 30 seconds or more than 3 minutes 30 seconds.

Have a go

Every member can compete in the Parliamentarian Contest. I would encourage everyone to stretch their Parliamentarian skills.

About the author: John Paterson is Miranda Toastmaster's Vice President Education. He's joined Toastmasters in 1979 and enjoys the challenges of a complex business session.

Easy guide to EasySpeak – Part 2

Miranda Toastmasters uses the online program EasySpeak to plan its Club meetings

EasySpeak (ES) helps the Vice President Education (VPE) allocate roles, plan Club meetings and create agendas, including allocating the speeches and speakers.

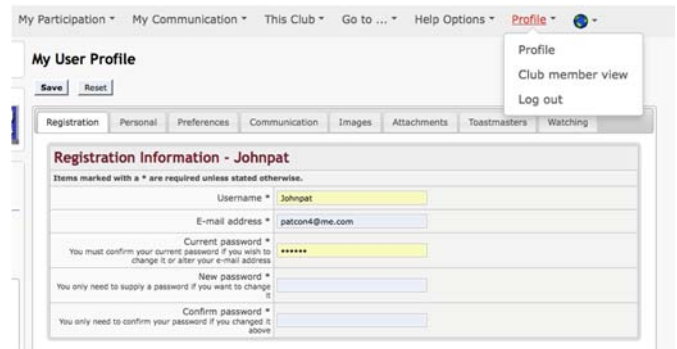
Request a speech

When you want to deliver a speech at a Club meeting, you must submit a request through the VPE. The preferred way is to request a speech through EasySpeak and here are the instructions:

1. Give the speech a title.
The note to the Toastmaster is not critical, but you can add a note if you prefer.
2. Nominate a Work Book and Speech Number or Pathways speech details.
3. Select your preferred dates. Select forward dates if next three meetings are full. Forward agendas may change, but speeches can only be scheduled if there is a speech request with ES.

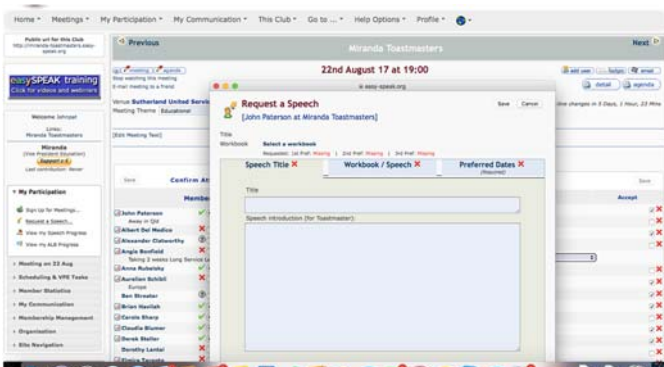
Your Profile

This is where you can update passwords and personal details. You may, from time-to-time, be asked to update your password.

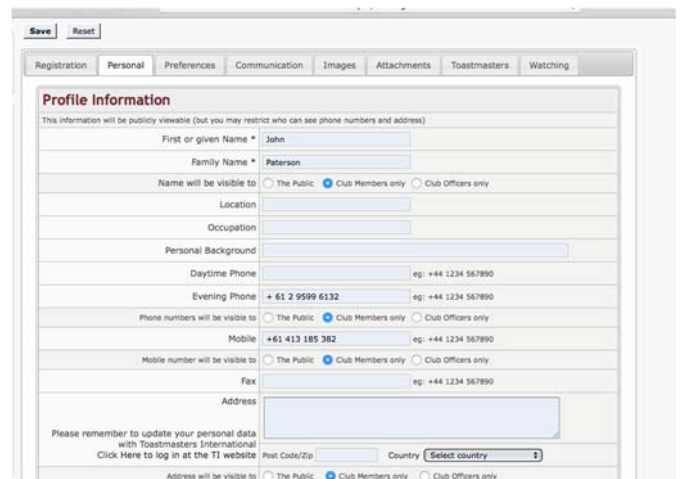


Need help?

The best way to learn your way around ES is to check out the Help Knowledge Map and Frequently Asked Questions (FAQ).



While entering your preferences in ES helps the VPE to plan the agendas for Club meetings, you can always discuss your goals and speech schedule the VPE at any time.



See the March issue of SPEAK UP for instructions on how to log on to EasySpeak, accept a meeting role and record your participation.

**Pathways activities are recorded through Toastmasters International*



Club elections

It's time to elect the next Club Executive. What roles make up the Executive team?

The annual Club elections will be conducted at the 15 May meeting. All Club Executive team members are elected for 12 months, for the period 1 July to 30 June.

What Officers make up the Club Executive?

- President
- Vice President - Education
- Vice President - Membership
- Vice President - Public Relations
- Secretary
- Treasurer
- Sergeant at Arms
- Immediate Past President

President

The President presides at meetings of the Club, has general supervision of the operations of the Club. The President serves as one of the Club's representatives on Area and District Councils.

Vice President Education

The Vice President Education (VPE) is the second ranking officer of Club. The VPE plans and directs Club programs which meet the educational needs of the Club members. The VPE plans and publishes regular schedules of meeting assignments. The VPE keeps track of members' progress towards goals. The VPE serves as one of the Club's representatives on Area and District Councils.

Vice President Membership

The Vice President Membership (VPM) is the third ranking officer. The VPM plans and directs programs to retain and increase Club membership. The VPM serves as one of the Club's representatives on Area and District Councils.

Vice President Public Relations

The Vice President Public Relations (VPPR) is the fourth ranking officer. The VPPR develops and directs programs that inform individual members and the general public about Toastmasters International and about Club activities.

Secretary

The Secretary is responsible for Club records and correspondence. The Secretary maintains the Club roster (aka membership list). The Secretary has custody of the Club's charter, Constitution, Bylaws, and all other records and documents of the Club. The Secretary keeps an accurate record of the meetings and activities of the Club.

Treasurer

The Treasurer is responsible for Club financial policies, procedures and controls. The Treasurer collects member fees and pays fees to Toastmasters International and maintains financial records. The Treasurer provides financial reports to the Club at each meeting.

Sergeant at Arms

The Sergeant at Arms prepares the meeting room for each meeting and greets visitors. The Sergeant at Arms maintains Club property, including banner, nametags and supplies.

Immediate Past President

The Immediate Past President supports the club Executive. The primary responsibilities of this role involve serving as a resource for new officers and ensuring continuity with past terms.

Executive duties

Each Officer in the Executive team has duties to fulfil in support of the members of the Club. Toastmasters Clubs have multiple officers both to spread the load and to expand the leadership opportunities at the Club level.

Filling an Executive role does not mean that you do the job alone, it means you are responsible to see that the job gets done.

Executive team members are required to attend leadership training to get the support needed to better serve our Club.

Nominate for a position

Have you thought about nominating for a Club Officer role? If so, talk to one of the Executive Team before the elections on 15 May.

Other news

Southern Division International Speech contest

Congratulations to Miranda Toastmasters Club member, Aurelien Schibli, on winning 1st place at the recent Division contest.

Aurelien placed first in the International Speech contest and he will now represent Southern Division at the District 70 Annual Conference on Saturday, 19 May 2018.

The Southern Division Contest was held 8 April 2018 and was hosted by Wollongong Toastmasters Club.

Aurelien will be competing on the Saturday evening of the District 70 Annual Conference and all Miranda Toastmasters Club members are encouraged to attend to support Aurelien.



LtoR: Christine Horrocks ACSALB – Southern Division Director, Aurelien Schibli & John Jennings DTM - Program Quality Director

“You will never find time for anything. If you want time, you must make it.”

... Charles Buxton

English brewer, philanthropist, writer and member of Parliament

Class of Speechcraft 72



Congratulations to the graduating class of Miranda Toastmasters' 72nd Speechcraft course.

The smiles and confidence showing on their faces reflect the hard work and fun they had when challenging and stretching themselves during the course. Their dedication to succeed was evident in the tremendous graduation speeches they delivered in front of family and friends.

Speechcraft always delivers

This latest group of graduates are testament to how the tried and tested formula of Speechcraft really does work. From night one, when there is much shaking, sweaty palms and nausea to graduation night when students have the confidence to speak in front a crowd, Speechcraft always delivers.

The next Speechcraft course starts in June.

District 70 Annual Conference Register now



Register: www.d70toastmasters.org.au/annual-conference



What's on

May

- 1 May Meeting at Sutherland
- 15 May Club elections
- 18-20 May District 70 Annual Conference
- 29 May Parliamentarian Contest

June

- 12 June Meeting at Sutherland
- 26 June Changeover Dinner

Visit: www.miranda-toastmasters.org.au/whats-on/

Next Speechcraft Course

Next 8 week public speaking course starts Wednesday, 6 June 2018

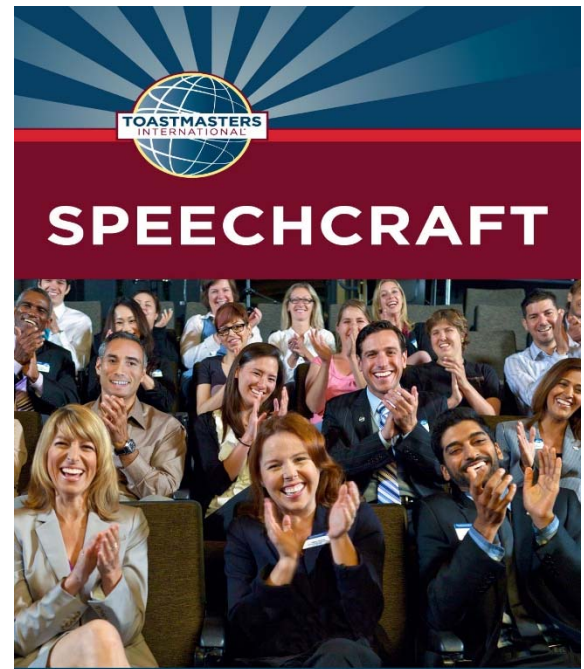
To register contact:

Contact Mike Smith

M: 0411 173 290

E: <mailto:speechcraft@miranda-toastmasters.org.au>

To register: [Download Rego form](#)



SPEECHCRAFT

- Build confidence
- Grow as a leader
- Improve communication & public speaking skills
- Overcome fears
- Improve career potential
- Think on your feet

In 8 weeks become a confident public speaker in a friendly, supportive atmosphere

CLUB MISSION

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Find us

Web: www.miranda-toastmasters.org.au/

Facebook: Search for Miranda Toastmasters Club
www.facebook.com/Miranda-Toastmasters-Club-113871933658

Calendar: www.miranda-toastmasters.org.au/whats-on

Newsletter contact: Jill Brookfield
pr.officer@miranda-toastmasters.org.au T: 0431 082 259

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